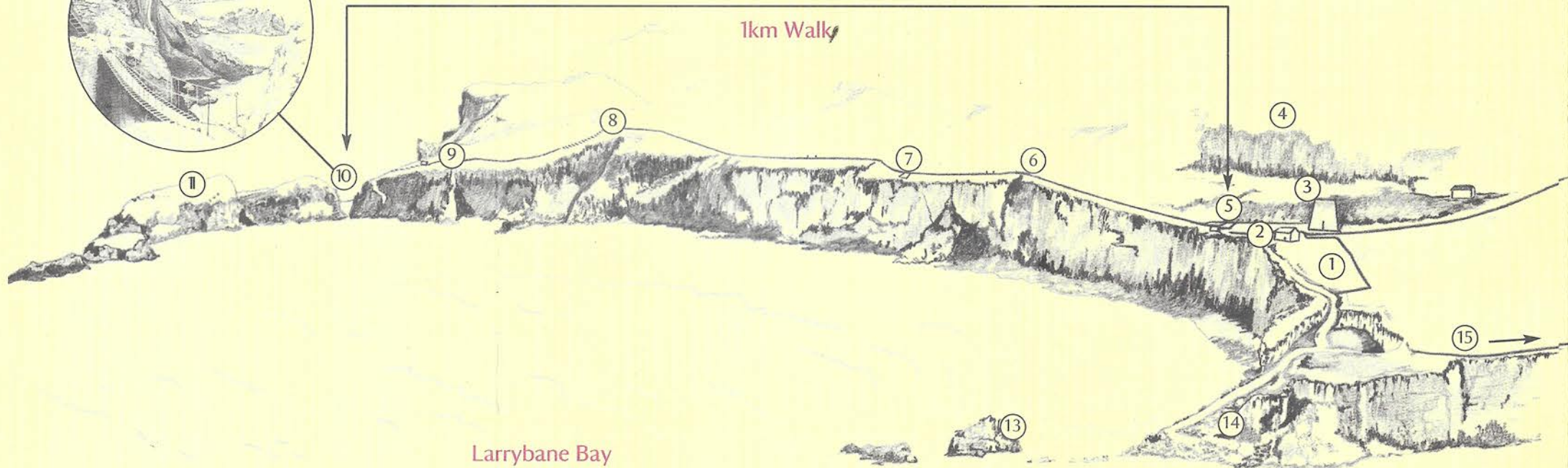
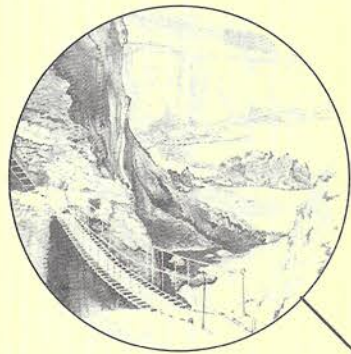



# WELCOME TO CARRICK-A-REDE AND LARRYBANE



1. Car and Coach Park
2. Tearoom, Gift shop & Toilets
3. Lime Kiln
4. Knocksoghey Sill
5. Reception and Tickets
6. Wooden bridge
-  7. Viewing platform
8. Steep steps and resting point
9. Steep steps
10. Rope Bridge, Carrick-a-Rede
11. Carrick Island
12. Sheep Island
13. Stackaboy
14. Larrybane disused Limestone Quarry
15. Causeway Coast Way

Larrybane Bay



## A BRIEF HISTORY

**Carrick-a-Rede** (from the Scottish Gaelic Carraig-a-Rade) means the rock in the road. The road is the sea route for Atlantic salmon on their westward journey past Carrick Island.

For over 350 years, fishermen have strung a rope bridge 30m above the sea to allow them to access the best places to catch the migrating salmon. Crossed regularly by local fishermen, the bridge now presents a challenge to thousands of visitors each year who come to enjoy the same views and high thrills. Those who do succeed in crossing are rewarded with an abundance of plants and wildlife.

**Larrybane** or Laragh Bán means the ancient white site, and is the name of the limestone headland lying to the west of Larrybane Bay. An Iron Age fort stood on the headland around AD800.

